

# Page Layout

## bearberry

Quick synopsis



\* Learn about harvesting bearberry in the winter and its uses. Discover how it got its name from the Northern Cheyenne and how two women and their children survived a dangerous winter experience with the help of this plant and a wolf.

Short video of topic




 **Vignette Video (3:55)**  
Watch this short video to begin to understand the importance and use of the bearberry.


Complete video of topic with support materials



 **Video & Resources (19:01)**  
See the bearberry first hand in winter and hear the stories of the origin of its name and of the great wolf.



 **Lesson Plans** ← Lesson plans for  
A middle school lesson plan example for bearberry

 **Support**  
Find resources to help support understanding.

# Video Popup

Full video

Can be expanded to wide screen



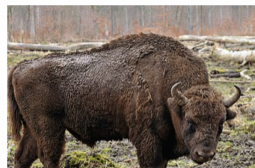
Topics in the full video



**Bearberry**  
(19:01)  
Survival food (0:40)  
How it got the name bearberry (1:40)  
Pronunciation (4:45)  
The story of the two women and the wolf (4:45 - 19:01)



Buffalo  
National Wildlife Federation



Support material with links to other website resources