

LIPPMAN ELDER WISDOM ACADEMY

ancient practice - new understanding

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Dr. Moshe S. Torem **February 3 - Zoom Event**

Moshe S. Torem MD is a psychiatrist certified by the American Board of Psychiatry and Neurology (ABPN). He is a distinguished life fellow of the American Psychiatric Association, Life Fellow of the American Society of Clinical Hypnosis and Life Fellow of the Society for Clinical and Experimental Hypnosis. Dr. Torem served as president of the International Society for the Study of Trauma and Dissociation (ISST&D), and the American Society of Clinical Hypnosis (ASCH). Currently, Dr. Torem serves as Professor of Psychiatry at Northeast Ohio Medical University. In addition,

Dr. Torem has published numerous articles and book chapters in the field of psychiatry, hypnosis and integrative mind-body medicine & health. He has provided lectures and workshops to professionals in the U.S. and other countries. Dr. Torem has also been in clinical practice providing guidance and treatment for people with a variety of conditions such as; anxiety, depression, eating disorders, insomnia, habit disorders, smoking control, weight control, autoimmune disorders, & preparing people for medical procedures and surgery.

Moreover, Dr. Torem has also provided executive coaching, guidance and help to students & workers in passing examinations, tests and preparing for personal interviews and other important life events & meetings.

Dr. Torem is known for his practical approach utilizing age progression procedures with and without formal hypnosis as an important and unique contribution to the field of hypnosis and therapeutic imagery.

[https://us02web.zoom.us/j/84765030865?
pwd=L2kzUFB2UExtbk05V1Vtb2pjYkxQUT09](https://us02web.zoom.us/j/84765030865?pwd=L2kzUFB2UExtbk05V1Vtb2pjYkxQUT09)



Coffee Circle
Exchange House
760 Elma St.
Akron, OH 44310

January 20 @ 4:00

This month's Coffee Circle will be hosted by North Akron CDC <https://northakroncdc.org/> at the Exchange House 760 Elma St. Akron OH 44310 on January 20th at @4:00PM. They have outdoor heaters and a fire pit! If you would like to order Food from NoHi Popup across the street ahead of time, do so by clicking here: <https://www.toasttab.com/nohi-popup-772-north-main-st/v3/>. If you would like to sponsor a meal for one of the young people on our advisory panel, contact Angela Miller achaffinmiller786@gmail.com.

December Coffee Circle @ Mustard Seed



The best decisions have little to no immediate payoff.

The best choices compound. Most of the benefits come at the end, not the beginning.

The more patient you are, the bigger the payoff.

FARNAM STREET